

## *Welcome to the Office*

We would like to congratulate you on choosing to begin chiropractic care. The chiropractic philosophy is essentially summed up in the following statement, "Bad spine, bad for your body; good spine, good for your body." From a physics perspective it would be best summed up like this, "Altered structure equals altered function." If we had a four-legged chair with one leg too short, it would be easy to see altered structure equals altered function. It would be comparable to walking around on a short leg.

Most people feel they are walking around on a short leg, yet the literature says almost none of us have a short leg. Instead, we have "apparent" short legs from altered spinal position and unequal loading on lower extremities with rotational distortions that cause one leg to "appear" shorter. The unequal weight distribution on the joints, spine, and extremities causes unnatural loading, decreased function, and early degeneration as well as impaired motion. The physiological cost can be enormous as time unfolds.

In my thirty years of experience, I have discovered there are few who deliver the chiropractic promise, which is to reorganize the structure of the spine to a balanced ideal of equal-lateral weight distribution and function. There are not many systems within the chiropractic profession and literally none in the medical profession that are technologically advanced to comprehensively assess the posture and structural integrity of the human organism. Few are technologically advanced enough to reorganize and reestablish symmetry and ideal form and function.

We invite anyone into our clinical setting to view and experience our extremely unusual and unprecedented system of accurately assessing the posture and structural integrity of the human organism and to witness the realization of the scientific validity and duplicability of our system using the principles of biomechanics and comprehensive soft tissue rehabilitation. It is, in my opinion, one of the only systems that truly delivers the PROMISE.

*Advanced Spine Health & Wellness Center  
140 Edmond Avenue  
Portsmouth, NH 03801*